Excerpts from 1491: New Revelations of the Americas Before Columbus - Charles C. Mann

When Columbus appeared in the Caribbean, the descendants of the world's two Neolithic civilizations collided, with overwhelming consequences for both. American Neolithic development occurred later than that of the Middle East, possibly because the Indians needed more time to build up the requisite population density. Without beasts of burden they could not capitalize on the wheel (for individual workers on uneven terrain skids are nearly as effective as carts for hauling), and they never developed steel. But in agriculture they handily outstripped the children of Sumeria. Every tomato in Italy, every potato in Ireland, and every hot pepper in Thailand came from this hemisphere. Worldwide, more than half the crops grown today were initially developed in the Americas.

Maize, as corn is called in the rest of the world, was a triumph with global implications. Indians developed an extraordinary number of maize varieties for different growing conditions, which meant that the crop could and did spread throughout the planet. Central and Southern Europeans became particularly dependent on it; maize was the staple of Serbia, Romania, and Moldavia by the nineteenth century. Indian crops dramatically reduced hunger, Crosby says, which led to an Old World population boom.

Along with peanuts and manioc, maize came to Africa and transformed agriculture there, too. "The probability is that the population of Africa was greatly increased because of maize and other American Indian crops," Crosby says. "Those extra people helped make the slave trade possible." Maize conquered Africa at the time when introduced diseases were leveling Indian societies. The Spanish, the Portuguese, and the British were alarmed by the death rate among Indians, because they wanted to exploit them as workers. Faced with a labor shortage, the Europeans turned their eyes to Africa. The continent's quarrelsome societies helped slave traders to siphon off millions of people. The maize-fed population boom, Crosby believes, let the awful trade continue without pumping the well dry.