

Stress Brochure Activity

Directions: You will be making a brochure about Stress. This will be had drawn/created on 8 & ½ x 11 computer paper. All brochures must include **color, images, and correct information.** Follow the template below.

Left Cover Flap	Inside Cover Flap	Inside Middle Flap
Title: Stress Student Name: Picture:	Overview of Stress -What is it? -What causes it? -Image	The Stress Response System -GAS -Tend-and-Befriend -Image
Right Inside Flap	Outside Right Flap	Outside Middle Flap
Stress & Disease - How does stress make us more vulnerable to disease? -Image	Stress & Disease - Heart Disease -Cancer -Image	Coping With Stress -Research and provide information about coping with stress.

Rubric

Organization of Information Presented	Each section in the brochure has a clear beginning, middle, and end.	75% or more sections of the brochure have a clear beginning, middle, and end.	60% of the sections of the brochure have a clear beginning, middle, and end.	Less than half of the sections of the brochure have a clear beginning, middle, and end.
Content Accuracy and Information validity	All facts in the brochure are accurate and match cited resources.	99-90% of the facts in the brochure are accurate.	89-90% of the facts in the brochure are accurate.	Fewer than 80% of the facts in the brochure are accurate.
Spelling & Mechanics	No spelling errors and all sections of brochure are free of writing errors.	No more than 1 spelling and/or writing errors are present.	No more than 3 spelling and/or writing errors are present.	More than 3 spelling and/or writing errors are present.
Attractiveness & Organization	The brochure has exceptionally attractive formatting and well-organized information.	The brochure has attractive formatting and well-organized information.	The brochure has well organized information or format but not both.	The brochure's formatting and organization of material is confusing to the reader.
Graphics/ Pictures Graphics match the topic and text in section where placed.	Each section has no more than two graphics and there are at least a total of three graphics used.	Graphics go well with the text, but there are so many (more than two per section)that they distract from the text.	Graphics go well with the text, but there are too few (less than three graphics for entire brochure) and the brochure seems "text-heavy".	Graphics do not go with the accompanying text or appear to be randomly chosen.